

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

O'Neill Healthcare Pathways Activities

9:30 Morning Greeting/ Chronicle Pass 10:00 Morning Movement 10:30 Daily Packet Review 1:00 Hello February! 1:30 Game Time 2:15 Boggle 2:45 Afternoon Stretch 3:00 Sing a long w/ Suzie Q on YouTube <small>Shevat Begins</small>	1	9:30 Morning Greeting/ Chronicle Pass 10:00 Ballercise 10:30 Daily Packet Review 1:00 Craft Time 2:00 Game Time 2:45 Word Puzzles 3:15 Afternoon Stretch 3:30 Creative Coloring <small>Groundhog Day</small>	2	9:30 Morning Greeting/ Chronicle Pass 10:00 Noodle Tone & Stretch 10:30 Daily Packet Review 1:00 Game Time 1:45 Who Am I? 2:15 Higher or Lower 2:45 Breathe & Stretch 3:00 Minute To Win It Games	3	9:30 Morning Greeting/ Chronicle Pass 10:00 Seated Rhythm w/ Gina 10:30 Daily Packet Review 1:30 Songbird Sessions w/ Greg Piscura 3CR 3:00 World Travel Wednesday 3:45 Afternoon Stretch 5:30 Evening Activity w/ Ronda	4	10:00 Morning Greeting/ Chronicle Pass 10:30 Chairobics 11:00 Daily Packet Review 1:30 Let's Get ready for the Olympics 2:15 Game Time 2:45 Trayscapes 3:30 Afternoon Stretch	5	9:30 Morning Greeting/ Chronicle Pass 10:30 Balloon Volley 10:30 Daily Packet Review 1:00 Bingo 2:00 Game Time 3:00 Singing w/ Lisa	6	9:30 Morning Greeting/ Chronicle Pass 10:00 Morning Movement 10:30 Daily Packet Review 1:30 Create Your Own State 2:15 Game Time 2:45 Word Games	7
9:30 Morning Greeting/ Chronicle Pass 10:00 Morning Movement 10:30 Daily Packet Review 1:30 Late's Get Ready for the Super Bowl 2:30 Afternoon Stretch 2:45 Sing a Long w/ Suzie Q on You Tube	8	9:30 Morning Greeting/ Chronicle Pass 10:00 Ballercise 10:30 Daily Packet Review 1:00 Craft Time 2:00 Game Time 2:30 Word Puzzles 3:15 Staff Show & Tell 3:45 Creative Coloring	9	9:30 Morning Greeting/ Chronicle Pass 10:00 Noodle Tone & Stretch 10:30 Daily Packet Review 1:00 Game Time 1:45 What Am I? 2:15 Short Story Discussions 3:00 Minute To Win It	10	9:30 Morning Greeting/ Chronicle Pass 10:00 Yoga/ Stretch 10:30 Daily Packet Review 1:00 World Travel Wednesday 1:45 No Cook Cooking 2:45 Game Time 3:30 Pictionary 5:30 Evening Activity w/ Ronda	11	10:00 Morning Greeting/ Chronicle Pass 10:30 Chairobics 11:00 Daily Packet Review 1:30 Puzzles & Ponderings 2:15 Olympic Games 2:45 What's That Sound? 3:15 Red/Black Card Game	12	9:30 Morning Greeting/ Chronicle Pass 10:30 Balloon Volley 10:30 Daily Packet Review 1:00 Valentine Bingo! 2:00 Tabletop Bowling 3:00 Valentine's Dice Game	13	9:30 Morning Greeting/ Chronicle Pass 10:00 Morning Movement 10:30 Daily Packet Review 1:00 Be My Valentine Social Tune 2:00 Name That Love Song Tune 2:30 Game Time 3:15 Word in a Word <small>Valentine's Day</small>	14
9:30 Morning Greeting/ Chronicle Pass 10:00 Morning Movement 10:30 Daily Packet Review 1:00 Game Time 1:45 First Lady Who Am I? 2:15 Afternoon Stretch 2:30 Daily Dose of Nostalgia	15	9:30 Morning Greeting/ Chronicle Pass 10:00 Ballercise 10:30 Daily Packet Review 1:00 Craft Time 2:00 Game Time 2:30 Word Puzzles 3:15 Tai Chi/Soundbath w/ Maria 3WW <small>Presidents' Day (U.S.)</small>	16	9:30 Morning Greeting/ Chronicle Pass 10:00 Noodle Tone & Stretch 10:30 Daily Packet Review 1:00 DIY Mardi Gras Mask 2:00 Paczki for Mardis Gras 2:30 Tic Tac Toss 3:00 Trivia 3:30 Afternoon Stretch <small>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</small>	17	9:30 Morning Greeting/ Chronicle Pass 10:00 Yoga/ Stretch 10:30 Daily Packet Review 1:00 World Travel Wednesday 1:45 Game Time 2:30 Canvas Creations 3:15 Afternoon Stretch 3:30 Hangman 5:30 Evening Activity w/ Ronda	18	10:00 Morning Greeting/ Chronicle Pass 10:30 Chairobics 11:00 Daily Packet Review 1:30 Chinese New Year Activity 2:30 Game Time 3:15 Silly Poems 3:45 Afternoon Stretch	19	9:30 Morning Greeting/ Chronicle Pass 10:30 Balloon Volley 10:30 Daily Packet Review 1:00 Bingo! 2:00 Game Time 2:45 Finish the Phrase 3:15 Afternoon Stretch 3:30 Coloring	20	9:30 Morning Greeting/ Chronicle Pass 10:00 Morning Movement 10:30 Daily Packet Review 1:30 Create Your Own State 2:15 Game Time 2:45 Word Games 3:15 Coloring/1:1 Sensory	21
9:30 Morning Greeting/ Chronicle Pass 10:00 Morning Movement 10:30 Daily Packet Review 1:30 Game Time 2:15 Group Word Games 2:45 Afternoon Stretch 3:00 Finish the Song Title	22	9:30 Morning Greeting/ Chronicle Pass 10:00 Ballercise 10:30 Daily Packet Review 1:00 Craft Time 2:00 Game Time 2:30 Word Puzzles 3:15 Afternoon Stretch 3:45 Creative Coloring	23	9:30 Morning Greeting/ Chronicle Pass 10:00 Noodle Tone & Stretch 10:30 Daily Packet Review 1:30 Singing w/ Lisa 2:30 Game Time 3:00 Who Am I? 3:30 Afternoon Stretch 3:45 Short Story	24	9:30 Morning Greeting/ Chronicle Pass 10:00 Yoga/ Stretch 10:30 Daily Packet Review 1:00 World Travel Wednesday 1:45 No Cook Cooking 2:45 Game Time 3:30 Pictionary 5:30 Evening Activity w/ Ronda	25	10:00 Morning Greeting/ Chronicle Pass 10:30 Chairobics 11:00 Daily Packet Review 1:30 Cranium Crunches 2:15 Game Time 2:45 What's That Shape? 3:15 Afternoon Stretch 3:30 Chicken Soup for the Soul	26	9:30 Morning Greeting/ Chronicle Pass 10:30 Balloon Volley 10:30 Daily Packet Review 11:30 Pizza Birthday Party 1:00 Bingo! 2:00 Tabletop Bowling 3:00 Short Story Discussions	27	9:30 Morning Greeting/ Chronicle Pass 10:00 Morning Movement 10:30 Daily Packet Review 1:00 Game Time 1:45 Junk Drawer Detective 2:15 Afternoon Stretch 2:30 Mad Libs 3:00 Residents Choice!	28

The times of some activities may need to be rearranged to meet the needs of the residents **Game Time is any activity involving movement (Bucketball, Pong Hockey, etc)