

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

O'Neill Healthcare Pathways Activities



				9:30 Morning Greeting/ Daily Greeting 10:00 New Years Stretch 10:30 Daily Packet Review 11:00 Fun Time w/ Ronda 	9:30 Morning Greeting/ Daily Greeting 10:00 Yoga/ Stretch 10:30 Daily Packet Review 1:00 Bingo 3:00 Singing w/ Lisa	9:30 Morning Greeting/ Daily Greeting 10:00 Breathe & Stretch 10:30 Daily Packet Review 1:00 Bucket Ball 1:30 Hello January
9:30 Morning Greeting/ Daily Greeting 10:00 Breathe & Stretch 10:30 Daily Packet Review 1:00 Browns v Bengals 1:00 Fun Time w/ Ronda	9:30 Morning Greeting/ Daily Greeting 10:00 Chairbics 10:30 Daily Packet Review 1:00 Craft Time 2:00 Game Time ** 2:45 Short Story Discussions 3:15 Coloring 1:1 Sensory	9:30 Morning Greeting/ Daily Greeting 10:00 Ballercise 10:30 Daily Packet Review 1:00 Game Time** 1:45 Group Word Puzzles 2:15 Pictionary 2:45 Afternoon Stretch 3:00 Music & manicures	9:30 Morning Greeting/ Daily Greeting 10:00 Balloon Volley 10:30 Daily Packet Review 1:00 World Travel Wednesday 1:45 Game Time** 2:30 Trivia 3:00 Afternoon Stretch 3:15 Coloring	9:30 Morning Greeting/ Daily Greeting 10:30 Noodle Tone & Stretch 11:00 Daily Packet Review 1:30 Game Time** 2:15 Elvis Birthday Activity 3:00 Afternoon Stretch 3:15 1:1 Sensory	9:30 Morning Greeting/ Daily Greeting 10:00 Yoga/ Stretch 10:30 Daily Packet Review 1:00 Bingo 2:00 Game Time** 2:45 Speaking in Idioms 3:15 Afternoon Breathe & Stretch 3:30 The Friday Addition	9:30 Morning Greeting/ Daily Greeting 10:00 Breathe & Stretch 10:30 Daily Packet Review 1:30 Chuck the Duck 2:00 Junk Drawer Detectives 2:30 Afternoon Stretch 2:45 Scattergories
9:30 Morning Greeting/ Daily Greeting 10:00 Breathe & Stretch 10:30 Daily Packet Review 1:30 Ping Pong Connect 4 2:00 Trivia 2:30 Afternoon Stretch 2:45 Group Word Puzzles	9:30 Morning Greeting/ Daily Greeting 10:00 Chairbics 10:30 Daily Packet Review 1:00 Craft Time 2:00 Game Time** 2:45 Short Story Discussions 3:15 Coloring 1:1 Sensory	9:30 Morning Greeting/ Daily Greeting 10:00 Ballercise 10:30 Daily Packet Review 1:30 Music Bingo 2WW 2:45 Game Time** 3:15 Music & Manicures	9:30 Morning Greeting/ Daily Greeting 10:00 Balloon Volley 10:30 Daily Packet Review 1:00 World Travel Wednesday 1:45 No Cook Cooking 2:45 Game Time** 3:30 Short Story Discussions 6:00 Singing w/ Conrad 2WW	9:30 Morning Greeting/ Daily Greeting 10:30 Noodle Tone & Stretch 11:00 Daily Packet Review 1:30 Game Time** 2:15 Designing Hats for Hat Day 3:30 Afternoon Stretch 3:45 Short Story	9:30 Morning Greeting/ Daily Greeting 10:00 Yoga/ Stretch 10:30 Daily Packet Review 1:00 Bingo 2:00 Game Time** 2:45 Making Bird Feeders	9:30 Morning Greeting/ Daily Greeting 10:00 Breathe & Stretch 10:30 Daily Packet Review 1:00 Dart Ball 1:30 Hangman
9:30 Morning Greeting/ Daily Greeting 10:00 Breathe & Stretch 10:30 Daily Packet Review 1:00 Fun Time w/ Ronda	9:30 Morning Greeting/ Daily Greeting 10:00 Chairbics 10:30 Daily Packet Review 1:00 Craft Time 2:00 Reading Comprehension 3:30 Tai Chi/ Soundbath w/ Maria 3WW <small>Martin Luther King Jr. Day</small>	9:30 Morning Greeting/ Daily Greeting 10:00 Ballercise 10:30 Daily Packet Review 1:00 Game Time** 1:45 Group Word Puzzles 2:30 Afternoon Stretch 2:45 Name That Tune 3:15 Music & Manicures	9:30 Morning Greeting/ Daily Greeting 10:00 Balloon Volley 10:30 Daily Packet Review 2:00 Join the Band 1:00 World Travel Wednesday 1:45 Game Time** 2:30 Trivia 3:00 Afternoon Stretch	9:30 Morning Greeting/ Daily Greeting 10:30 Noodle Tone & Stretch 11:00 Daily Packet Review 1:30 Game Time** 2:30 Polka Dot/ Polka Music Birthday Celebration 3CR	9:30 Morning Greeting/ Daily Greeting 10:00 Yoga/ Stretch 10:30 Daily Packet Review 11:30 Pizza Birthday Party 1:00 Bingo 2:00 Game Time** 2:45 Speaking in Idioms 3:15 Pizza Toss	9:30 Morning Greeting/ Daily Greeting 10:00 Breathe & Stretch 10:30 Daily Packet Review 1:30 Balloon Noodle 2:00 Junk Drawer Detectives 2:30 Afternoon Stretch 2:45 Word Games
9:30 Morning Greeting/ Daily Greeting 10:00 Breathe & Stretch 10:30 Daily Packet Review 1:30 Ping Pong Skee Ball 2:00 Trivia 2:30 Afternoon Stretch 2:45 Group Word Puzzles	9:30 Morning Greeting/ Daily Greeting 10:00 Chairbics 10:30 Daily Packet Review 1:00 Craft Time 2:00 Game Time** 2:45 Short Story Discussions 3:15 Coloring 1:1 Sensory <small>Australia Day (Observed)</small>	9:30 Morning Greeting/ Daily Greeting 10:00 Ballercise 10:30 Daily Packet Review 1:30 Singing w/ Lisa 2:45 Game Time** 3:15 Music & Manicures	9:30 Morning Greeting/ Daily Greeting 10:00 Balloon Volley 10:30 Daily Packet Review 1:00 World Travel Wednesday 1:45 No Cook Cooking 2:45 Game Time** 3:30 Trivia	9:30 Morning Greeting/ Daily Greeting 10:30 Noodle Tone & Stretch 11:00 Daily Packet Review 1:30 Game Time** 2:15 Collage 3:15 Red/ Black Card Game	9:30 Morning Greeting/ Daily Greeting 10:00 Yoga/ Stretch 10:30 Daily Packet Review 1:00 Bingo 2:00 Game Time** 2:45 Hangman 3:15 Afternoon Breathe & Stretch 3:30 The Friday Addition	9:30 Morning Greeting/ Daily Greeting 10:00 Breathe & Stretch 10:30 Daily Packet Review 1:00 Bucket Ball 1:30 Finish the Phrase

The times of some activities may need to be rearranged to meet the needs of the residents ** Game time may be any game that involves movement ex: Bucketball, Pong Hockey