

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2026



## O'Neill Healthcare Nursing Home Activities

9:30 Morning Greeting/ Daily Chronicle Pass 9:30 TV Sermon 10:00 TV Catholic Mass 10:30 Morning Movement 11:00 Daily Packet Review 1:30 Hello February 2:00 February Coloring 2:45 Movie Time/  Tu B'Shevat Begins	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Chairobics 11:00 Coffee Chats 1:30 Craft w/ Tatiana 3:00 Calendar Review 3:30 Breathe & Stretch 3:45 Say It in Spanish! 4:15 Hydration & Hot Topic  Groundhog Day	9:30 Morning Greeting/ Daily Chronicle Pass 10:15 Rosary 3CR 10:30 Yoga/ Stretch 11:00 Daily Packet Review 1:30 Bingo! 2:45 Game Time 3:45 Hydration & Conursation	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Noodle Stretch & Tone 11:00 Daily Packet Review <b>1:30 Songbird Sessions w/ Greg Piscura 3CR</b> 3:00 Game Time 6:00 Snack Bingo	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Ballercise 11:00 Coffee Chats 1:30 Fun Time w/ Nicole 2:45 Pass the Snowball 3:30 Penny Ante 4:30 Afternoon Stretch	9:30 Morning Greeting/ Daily Chronicle Pass 10:00 St. Brendan's Childrens Choir 10:45 Balloon Noodle 11:15 Daily Packet Review 1:30 Card Making 3:00 Afternoon Stretch 3:15 Who's Who in the Winter Olympics	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Morning Movement 11:00 Daily Packet Review 1:30 Pokeno 2:45 Game Time
9:30 Morning Greeting/ Daily Chronicle Pass 9:30 TV Sermon 10:00 TV Catholic Mass 10:30 Morning Movement 11:00 Daily Packet Review 1:30 Junk Drawer Detectives 2:00 Let's Get Ready for the SuperBowl!	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Chairobics 11:00 Coffee Chats 1:30 Craft w/ Tatiana 3:00 Staff Show & Tell 3:45 Say It in Spanish! 4:15 Hydration & Hot Topic	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Yoga/ Stretch 11:00 Daily Packet Review 1:30 Bingo! <b>3:00 Bible Study &amp; Singing w/ Beverly</b> 4:00 Afternoon Stretch	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Noodle Stretch & Tone 11:00 Daily Packet Review 1:30 Creative Collage 3:00 Olympic Games <b>6:00 Singing w/ Conrad</b>	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Ballercise 11:00 Coffee Chats 1:30 Fun Time w/ Nicole 2:45 Minute to Win It Games 3:45 UNO/ Card Games 4:30 Hydration & Conversation	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Catholic Mass 3CR 10:30 Cardio Drumming 11:00 Daily Packet Review <b>2:30 Pizza My Heart Valentines Party</b>  	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Morning Movement 11:00 Daily Packet Review 1:30 Sweet Treat Social in the Café 3:00 Movie Time  <b>♥ Happy Valentine's Day ♥</b>  Valentine's Day
9:30 Morning Greeting/ Daily Chronicle Pass 9:30 TV Sermon 10:00 TV Catholic Mass 10:30 Morning Movement 11:00 Daily Packet Review 1:30 First Lady Who Am I? 2:00 Movie Time/ Independent Coloring	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Chairobics 11:00 Coffee Chats 1:30 Craft w/ Tatiana- Mardis Gras Masks <b>3:15 Tai Chi/ Soundbath w/ Maria</b>  Presidents' Day (U.S.)	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Yoga/ Stretch 11:00 Daily Packet Review 1:30 Paczki for Mardis Gras 2:15 Mardi Gras Bingo! 3:45 Bead Toss  Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Noodle Stretch & Tone 11:00 Daily Packet Review 1:30 Game Time 2:30 Summer or Winter Olympics? 3:00 Afternoon Stretch 3:15 Higher or Lower 6:00 Karaoke in the Café	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Ballercise 11:00 Coffee Chats <b>2:30 Chinese New Year Birthday Celebration</b>  	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Balloon Noodle 11:00 Daily Packet Review 1:30 Winter Hike in the Dolomites Video 1:45 What Do We Need for a Hike? 2:15 Mountain Climb Dice Game 3:00 MYO Trail Mix	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Morning Movement 11:00 Daily Packet Review 1:30 Pokeno 2:45 Game Time
9:30 Morning Greeting/ Daily Chronicle Pass 9:30 TV Sermon 10:00 TV Catholic Mass 10:30 Morning Movement 11:00 Daily Packet Review 1:30 Group Word Puzzles 2:00 Movie Time/ Independent Coloring	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Chairobics 11:00 Coffee Chats 1:30 Craft w/ Tatiana 3:00 Dart Ball 3:45 Say It in Spanish! 4:15 Hydration & Hot Topic	9:30 Morning Greeting/ Daily Chronicle Pass 10:15 Rosary 3CR 10:30 Yoga/ Stretch 11:00 Daily Packet Review 1:30 Bingo! 2:45 Game Time 3:30 You Be The Judge	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Noodle Stretch & Tone 10:30 New Hope Church Service 11:00 Daily Packet Review 1:30 Fridge, Freezer or Pantry 2:00 Game Time <b>3:30 Resident Council</b>	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Ballercise 11:00 Coffee Chats 1:30 Balloon Volley 2:30 Beachy Keen Sandbox Fun 3:30 Mockeritas & Calypso Music 4:00 Vet to Vet Connect	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Cardio Drumming 11:00 Daily Packet Review 1:30 Artist of the Month-Thomas Cole 3:00 Hydration & Conversation	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Morning Movement 11:00 Daily Packet Review 1:30 Junk Drawer Detectives 2:00 Bucket Ball

~Don't forget to check the Daily Activity Sheet for any changes or added activities.~ \*\* Game Time is an activity that involves movement (Ladderball, Bucketball,etc)