

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2026

## O'Neill Healthcare Nursing Home Activities

9:30 Morning Greeting/ Daily Chronicle Pass 9:30 TV Sermon 10:00 TV Catholic Mass 10:30 Morning Movement 11:00 Daily Packet Review 1:30 Hello February 2:00 February Coloring 2:45 Movie Time/  Tu B'Shevat Begins	1 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Chairobics 11:00 Coffee Chats 1:30 Craft w/ Tatiana 3:00 Calendar Review 3:30 Breathe & Stretch 3:45 Say It in Spanish! 4:15 Hydration & Hot Topic  Groundhog Day	2 9:30 Morning Greeting/ Daily Chronicle Pass 10:15 Rosary 3CR 10:30 Yoga/ Stretch 11:00 Daily Packet Review 1:30 Bingo! 2:45 Game Time 3:45 Hydration & Conversation	3 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Noodle Stretch & Tone 11:00 Daily Packet Review 1:30 Songbird Sessions w/ Greg Piscura 3CR 3:00 Game Time 6:00 Snack Bingo	4 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Ballercise 11:00 Coffee Chats 1:30 Fun Time w/ Nicole 2:45 Pass the Snowball 3:30 Penny Ante 4:30 Afternoon Stretch	5 9:30 Morning Greeting/ Daily Chronicle Pass 10:00 St. Brendan's Childrens Choir 10:45 Balloon Noodle 11:15 Daily Packet Review 1:30 Card Making 3:00 Afternoon Stretch 3:15 Who's Who in the Winter Olympics	6 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Morning Movement 11:00 Daily Packet Review 1:30 Pokeno 2:45 Game Time
9:30 Morning Greeting/ Daily Chronicle Pass 9:30 TV Sermon 10:00 TV Catholic Mass 10:30 Morning Movement 11:00 Daily Packet Review 1:30 Junk Drawer Detectives 2:00 Let's Get Ready for the SuperBowl!	8 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Chairobics 11:00 Coffee Chats 1:30 Craft w/ Tatiana 3:00 Staff Show & Tell 3:45 Say It in Spanish! 4:15 Hydration & Hot Topic	9 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Yoga/ Stretch 11:00 Daily Packet Review 1:30 Bingo! 3:00 Bible Study & Singing w/ Beverly 4:00 Afternoon Stretch	10 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Noodle Stretch & Tone 11:00 Daily Packet Review 1:30 Bingo! 1:30 Creative Collage 3:00 Olympic Games 6:00 Singing w/ Conrad	11 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Ballercise 11:00 Coffee Chats 1:30 Fun Time w/ Nicole 2:45 Minute to Win It Games 3:45 UNO/ Card Games 4:30 Hydration & Conversation	12 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Ballercise 11:00 Coffee Chats 1:30 Fun Time w/ Nicole 2:45 Minute to Win It Games 3:45 UNO/ Card Games 4:30 Hydration & Conversation	13 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Catholic Mass 3CR 10:30 Cardio Drumming 11:00 Daily Packet Review 2:30 Pizza My Heart Valentines Party   Valentine's Day
9:30 Morning Greeting/ Daily Chronicle Pass 9:30 TV Sermon 10:00 TV Catholic Mass 10:30 Morning Movement 11:00 Daily Packet Review 1:30 First Lady Who Am I? 2:00 Movie Time/ Independent Coloring	15 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Chairobics 11:00 Coffee Chats 1:30 Craft w/ Tatiana- Mardis Gras Masks 3:15 Tai Chi/ Soundbath w/ Maria	16 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Yoga/ Stretch 11:00 Daily Packet Review 1:30 Paczki for Mardis Gras 2:15 Mardi Gras Bingo! 3:45 Bead Toss	17 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Noodle Stretch & Tone 11:00 Daily Packet Review 1:30 Game Time 2:30 Summer or Winter Olympics? 3:00 Afternoon Stretch 3:15 Higher or Lower 6:00 Karaoke in the Café	18 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Ballercise 11:00 Coffee Chats 2:30 Chinese New Year Birthday Celebration  	19 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Ballercise 11:00 Coffee Chats 2:30 Chinese New Year Birthday Celebration  	20 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Morning Movement 11:00 Daily Packet Review 1:30 Pokeno 2:45 Game Time
9:30 Morning Greeting/ Daily Chronicle Pass 9:30 TV Sermon 10:00 TV Catholic Mass 10:30 Morning Movement 11:00 Daily Packet Review 1:30 Group Word Puzzles 2:00 Movie Time/ Independent Coloring	22 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Chairobics 11:00 Coffee Chats 1:30 Craft w/ Tatiana 3:00 Dart Ball 3:45 Say It in Spanish! 4:15 Hydration & Hot Topic	23 9:30 Morning Greeting/ Daily Chronicle Pass 10:15 Rosary 3CR 10:30 Yoga/ Stretch 11:00 Daily Packet Review 1:30 Bingo! 2:45 Game Time 3:30 You Be The Judge	24 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Noodle Stretch & Tone 10:30 New Hope Church Service 11:00 Daily Packet Review 1:30 Fridge, Freezer or Pantry 2:00 Game Time 3:30 Resident Council	25 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Ballercise 11:00 Coffee Chats 1:30 Balloon Volley 2:30 Beachy Keen 3:00 Mockeritas & Calypso Music 4:00 Vet to Vet Connect	26 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Cardio Drumming 11:00 Daily Packet Review 1:30 Artist of the Month- Thomas Cole 3:00 Hydration & Conversation	27 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Morning Movement 11:00 Daily Packet Review 1:30 Junk Drawer Detectives 2:00 Bucket Ball

~Don't forget to check the Daily Activity Sheet for any changes or added activities.~ \*\* Game Time is an activity that involves movement (Ladderball, Bucketball,etc)