

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2026

O'Neill Healthcare Nursing Home Activities

9:30 Morning Greeting/ Daily Chronicle Pass 9:30 TV Sermon 10:00 TV Catholic Mass 11:00 Daily Packet Review 1:00 Browns v Bengals 2:30 Fun Time w/ Ronda	4 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Ballercise 11:00 Coffee Chats 1:30 Craft Time w/ Tatiana 3:00 Calendar Review 3:45 Breathe & Stretch 4:00 Hydration & Conversation	5 9:30 Morning Greeting/ Daily Chronicle Pass 10:15 Rosary 3CR 10:30 Noodle Stretch Tone 11:00 Daily Packet Review 1:30 Bingo! 3:00 Fun Time w/ Nicole 4:00 Hydration & Conversation	6 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Chairobics 11:00 Daily Packet Review 1:30 Toss & Throw 2:15 Speaking in Idioms 2:45 Game Time** 3:30 Trivia 6:00 Karaoke in the Café	7 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Yoga/ Stretch 11:00 Coffee Chats 1:30 Elvis Birthday Activity 2:30 Ladderball 3:15 Finish the Phrase & Mental Math 3:45 Hydration & Conversation	8 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Catholic Mass 3CR 10:30 Balloon Stretch/ Balloon Noodle 11:00 Daily Packet Review 11:00 Depart for Lunch Outing to First Watch	9 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Balloon Stretch/ Balloon Noodle 11:00 Daily Packet Review 1:30 Game Time** 2:15 Word in a Word 2:45 Movie Time
9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Balloon Stretch/ Balloon Noodle 11:00 Daily Packet Review 1:30 Game Time ** 2:15 Group Word Puzzles 2:45 Movie Time	11 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Ballercise 11:00 Coffee Chats 1:30 Craft Time w/ Tatiana 3:00 Tea Time for National Hot Tea Day 4:00 Dear Abby Discussions	12 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Noodle Stretch Tone 11:00 Daily Packet Review 1:30 Music Bingo 3:00 Bible Study & Singing w/ Beverly 4:00 Hydration & Conversation	13 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Chairobics 11:00 Daily Packet Review 1:30 Pong Hockey 2:15 Say What?? 2:45 Balloon Noodle 6:00 Singing w/ Conrad	14 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Yoga/ Stretch 11:00 Coffee Chats 1:30 Ladderball 2:15 Reading Food Labels 3:00 Making Bird Feeders 4:15 Hydration & Conversation	15 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Balloon Stretch/ Balloon Noodle 11:00 Daily Packet Review 1:30 Corn Hole 2:30 The English Language 3:00 Karaoke 4:00 Hydration & Conversation	16 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Balloon Stretch/ Balloon Noodle 11:00 Daily Packet Review 1:30 Game Time** 2:15 Group Word Puzzles 2:45 Movie Time
9:30 Morning Greeting/ Daily Chronicle Pass 9:30 TV Sermon 10:00 TV Catholic Mass 11:00 Daily Packet Review 2:30 Fun Time w/ Ronda	18 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Ballercise 11:00 Coffee Chats 1:30 Craft Time w/ Tatiana 3:00 Honoring Martin Luther King Jr. 3:30 Tai Chi/ Soundbath w/ Maria	19 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Noodle Stretch Tone 11:00 Daily Packet Review 1:30 Cheese Tasting & Trivia 2:30 Bingo 4:00 Hydration & Conversation	20 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Chairobics 11:00 Daily Packet Review 1:30 Dart Ball 2:15 Stick Moose 3:00 Trivia 3:30 Hydration & Conversation 6:00 Snack Bingo	21 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Yoga/ Stretch 11:00 Coffee Chats 1:30 Polka Dot/Polka Music Birthday Celebration!	22 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Noodle Stretch & Tone 11:00 Daily Packet Review 1:30 Balloon Volley 2:30 Lifelong Learning 3:30 Hydration & Conversation	23 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Balloon Stretch/ Balloon Noodle 11:00 Daily Packet Review 1:30 Game Time** 2:15 Word in a Word 2:45 Movie & Snack
9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Balloon Stretch/ Balloon Noodle 11:00 Daily Packet Review 1:30 Game Time ** 2:15 Group Word Puzzles 2:45 Movie Time	25 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Ballercise 11:00 Coffee Chats 1:30 Craft Time w/ Tatiana 3:00 Dance Craze 3CR	26 9:30 Morning Greeting/ Daily Chronicle Pass 10:15 Rosary 3CR 10:30 Noodle Stretch Tone 11:00 Daily Packet Review 1:30 Bingo 3:00 Fun Time w/ Nicole 4:00 Hydration & Conversation	27 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 New Hope Church Service 10:30 Chairobics 11:00 Daily Packet Review 1:30 Minute to Win It 2:15 Scattergories 3:30 Resident Council 6:00 Karaoke in the Cafe	28 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Yoga/ Stretch 11:00 Coffee Chats 1:30 Ladderball 2:15 Scattergories 2:45 Breathe & Stretch 3:00 Dear Abby Discussions	29 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Balloon Stretch/ Balloon Noodle 11:00 Daily Packet Review 1:30 Artist of the Month- Jackson Pollock 3:00 Hydration & Conversation	30 9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Balloon Stretch/ Balloon Noodle 11:00 Daily Packet Review 2:30 Game Time** 3:00 Group Word Puzzles

Don't forget to check the Daily Activity Sheet for any changes or added activities ** Game Time is an activity that involves movement (Ladderball, Bucket ball, etc)