Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	20	ober	Daily Chronicle Pass 10:30 Chairobics 11:00 Morning Packet Review 2:00 Rosary w/ Carol 2:45 Hello October!	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Ballercise 11:00 Coffee Chats 1:30 Pumpkin Spice & Everything Nice 2:45 Pumpkin Ring Toss 3:30 Pumpkin Zentangle 4:30 Hydration & Conversation	Daily Chronicle Pass 10:30 Yoga/Stretch 11:00 Morning Packet Review 1:30 Tabletop Bowling	9:30 Morning Greeting/ 4 Daily Chronicle Pass 10:30 Morning Movement 11:00 Morning Packet Review 1:30 Tabletop Basketball 2:15 Pokeno 3:30 Hydration & Conversation
9:30 Morning Greeting/ Daily Chronicle Pass 9:30 Browns v Vikings 9:30 TV Sermon 10:00 TV Catholic Mass 10:30 Spiritual Meditations w/ Carol 1:30 Football Dartball	1		9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Chairobics 11:00 Morning Packet Review 2:00 Rosary w/ Carol 2:45 Game Time 3:30 Ann Landers Discussions 6:00 Singing w/ Conrad	9:30 Morning Greeting/ Daily Chronicle Pass 10:30 Ballercise 11:00 Coffee Chats 1:30 Ping Pong Connect 4 2:15 3 Piece Suit Card Game 3:15 Sandscapes 4:15 Hydration & Conversation	Daily Chronicle Pass 10:30 Catholic Mass 3CR 11:00 Morning Packet Review 1:30 Skee Pong 2:30 Resident Rights Word in a Word	9:30 Morning Greeting/ 11 Daily Chronicle Pass 10:30 Morning Movement 11:00 Morning Packet Review 1:30 Bucket Ball 2:00 Junk Drawer Detectives
9:30 Morning Greeting/ 12 Daily Chronicle Pass 9:30 TV Sermon 10:00 TV Catholic Mass 10:30 Spiritual Meditations w/ Carol 1:00 Browns v Steelers		Daily Chronicle Pass 10:30 Seated Strength Training 11:00 Trivia Tuesday 1:30 Bingo 3:00 Game Time	9:30 Morning Greeting/ 15 Daily Chronicle Pass 10:30 Chairobics 11:00 Morning Packet Review 2:00 Rosary w/ Carol 2:45 Game Time 3:30 Name That Grouch 4:00 Sip & Stretch 6:00 Snack Bingo	9:30 Morning Greeting/ 16 Daily Chronicle Pass 10:30 Ballercise 11:00 Coffee Chats 1:30 Salsa Jam w/ Kimberly 3:00 Group War Card Game 4:00 Hydration & Conversation		9:30 Morning Greeting/ 18 Daily Chronicle Pass 10:30 Morning Movement 11:00 Morning Packet Review 1:30 Ping Pong Connect 4 2:15 Pokeno 3:30 Hydration & Conversation
9:30 Morning Greeting/ 19 Daily Chronicle Pass 9:30 TV Sermon 10:00 TV Catholic Mass 10:30 Spiritual Meditations w/ Carol 1:00 Browns v Dolphins	Daily Chronicle Pass 10:30 Noodle Stretch & Tone 11:00 Coffee Chats 1:30 Crafts w/ Tatiana 3:30 Tai Chi/ Sound Bath w/ Maria 4:30 Hydration & Conversation	Daily Chronicle Pass 10:30 Seated Strength Training 11:00 Trivia Tuesday 1:30 Bingo 3:15 Music Performance-	9:30 Morning Greeting/ 22 Daily Chronicle Pass 10:30 New Hope Church Svc 11:00 Morning Packet Review 2:00 Rosary w/ Carol 2:45 Game Time 3:30 Resident Council 6:00 Karaoke in the Cafe	9:30 Morning Greeting/ 23 Daily Chronicle Pass 10:30 Ballercise 11:00 Coffee Chats 1:30 Balloon Noodle 2:15 UNO 3:30 Alpha 11- Going over Veteran Benefits- cafe		9:30 Morning Greeting/ 25 Daily Chronicle Pass 10:30 Morning Movement 11:00 Morning Packet Review 1:30 Bucket Ball 2:00 Junk Drawer Detectives
Daily Chronicle Pass 9:30 TV Sermon 10:00 TV Catholic Mass 10:30 Spiritual Meditations w/ Carol 1:00 Browns v Patriots	Daily Chronicle Pass	Daily Chronicle Pass 10:30 Rosary 3CR 10:30 Seated Strength Training 11:00 Terrifying Trivia 1:30 Bone-Chilling Bingo 3:00 Spider Toss	Daily Chronicle Pass 10:30 Scareobics 11:00 Morning Packet ReBOO 2:00 Halloween Show w/ Winds of Change 3:30 Halloween Word Games 6:00 Trick or Treat	Daily Chronicle Pass 10:30 Booallercise	Daily Chronicle Pass 10:30 Yoga/Stretch 11:00 Morning Packet ReBOO 1:30 Boos Against the Ghouls Minute to Win It 3:00 Halloween Movie &	Vikki (beautician) here on Tuesdays please call ext 31000 for an appt. Visits w/ Adele (volunteer dog) every Wednesday afternoon Holy Communion w/ St. Brendans every Friday

^{*}Don't forget to check the Daily Activity Sheet for any changes or added activities*