

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 2026 Memory Care Activity Calendar				1 New Year's Day	2 10:00 Daily Chronicles 10:00 Singing w/ Lisa 11:00 Morning Stretch & Exercise 1:30 YouTube Sensory & Jello 2:30 Moving to Music 3:30 Story Time	3 10:00 Daily Chronicles 10:30 Word Puzzles 11:00 Yoga Stretch & Exercise 1:00 Alicia's Choice 2:30 BINGO
4 10:00 Daily Chronicles 10:30 Word Puzzles 11:00 Noodle Balloon 1:30 Painting 2:30 Alicia's Choice	5 10:00 Daily Chronicles 10:30 Puzzles & Punch 11:00 Morning Stretch & Exercise 1:30 YouTube Sensory & Manicures 2:30 Ball Roll Game 3:30 Word Games	6 10:00 Daily Chronicles 10:30 Coloring & Coffee 11:00 Morning Stretch & Exercise 1:30 YouTube Sensory & Painting 2:30 Noodle Balloon 3:30 Snacks & Word Games 6:30 Activity w/ Brett	7 10:00 Daily Chronicles 10:30 Cocoa Club 11:00 Morning Stretch & Exercise 1:30 YouTube Sensory & Coloring 2:30 Streamers 3:30 Music with Swing N Thing	8 10:00 Daily Chronicles 10:30Teatime Talks 11:00 Morning Stretch & Exercise 1:30 YouTube Sensory & Cookies 2:30 CRAFT 3:30 Word Games 6:30 Activity w/ Brett	9 10:00 Daily Chronicles 10:30 Water Wake Up! 11:00 Morning Stretch & Exercise 1:00 1:30 YouTube Sensory & Jello 2:30 Dancing w/ Theresa 3:30 Story Time	10 10:00 Daily Chronicles 10:30 Word Puzzles 11:00 Yoga Stretch & Exercise 1:00 Alicia's Choice 2:30 BINGO
11 10:00 Daily Chronicles 10:30 Word Puzzles 11:00 Noodle Balloon 1:30 Painting 2:30 Alicia's Choice	12 10:00 Daily Chronicles 10:30 Puzzles & Punch 11:00 Morning Stretch & Exercise 1:30 YouTube Sensory & Manicures 2:30 3:30 Word Games	13 10:00 Daily Chronicles 10:30 Coloring & Coffee 11:00 Morning Stretch & Exercise 1:30 YouTube Sensory & Painting 2:30 Noodle Balloon 3:30 Snacks & Word Games 6:30 Activity w/ Brett	14 10:00 Daily Chronicles 10:30 Cocoa Club 11:00 Morning Stretch & Exercise 1:30 YouTube H Sensory & Coloring 2:30 Rhythm Eggs 3:30 Board Game	15 10:00 Daily Chronicles 10:30Teatime Talks 11:00 Morning Stretch & Exercise 1:30 YouTube Sensory & Cookies 2:30 January Birthdays w/ Eddie Majeski 3:30 Word Games 6:30 Activity w/ Brett	16 10:00 Daily Chronicles 10:30 Water Wake Up! 11:00 Morning Stretch & Exercise 1:00 YouTube Sensory & Jello 1:30 Snack Social 2:30 Moving to Music 3:30 Story Time	17 10:00 Daily Chronicles 10:30 Word Puzzles 11:00 Yoga Stretch & Exercise 1:00 Alicia's Choice 2:30 BINGO
18 10:00 Daily Chronicles 10:30 Word Puzzles 11:00 Noodle Balloon 1:30 Painting 2:30 Alicia's Choice	19 10:00 Daily Chronicles 10:30 Puzzles & Punch 11:00 Morning Stretch & Exercise 1:30 YouTube Sensory & Manicures L 2:30 Board Games 3:30 Discussion - Martin Luther King Jr. Martin Luther King Jr. Day	20 10:00 Daily Chronicles 10:30 Coloring & Coffee 11:00 Morning Stretch & Exercise 1:30 YouTube Sensory & Painting 2:30 Noodle Balloon 3:30 Snacks & Word Games 6:30 Activity w/ Brett	21 10:00 Daily Chronicles 10:30 Cocoa Club 11:00 Morning Stretch & Exercise 1:30 YouTube Sensory & Coloring 2:30 Streamers 3:30 Board Game	22 10:00 Daily Chronicles 10:30Teatime Talks 11:00 Morning Stretch & Exercise 1:30 YouTube Sensory & Cookies 2:30 CRAFT 3:30 Word Games 6:30 Activity w/ Brett	23 10:00 Daily Chronicles 10:30 Water Wake Up! 11:00 Singing with Lisa 1:30 YouTube Sensory & Jello 2:30 Dancing w/ Theresa 3:30 Story Time	24 10:00 Daily Chronicles 10:30 Word Puzzles 11:00 Yoga Stretch & Exercise 1:00 Alicia's Choice 2:30 BINGO
25 10:00 Daily Chronicles 10:30 Word Puzzles 11:00 Noodle Balloon 1:30 Painting 2:30 Alicia's Choice	26 10:00 Daily Chronicles 10:30 Puzzles & Punch 11:00 Morning Stretch & Exercise 1:30 YouTube Sensory & Manicures 2:30 Music with Nick Gerard 3:30 Word Games Australia Day (Observed)	27 10:00 Daily Chronicles 10:30 Coloring & Coffee 11:00 Morning Stretch & Exercise 1:30 YouTube Sensory & Painting 2:30 Noodle Balloon 3:30 Snacks & Word Games 6:30 Activity w/ Brett	28 10:00 Daily Chronicles 10:30 Cocoa Club 11:00 Morning Stretch & Exercise 1:30 YouTube Sensory & Coloring 2:30 Rhythm Eggs 3:30 Board Game	29 10:00 Daily Chronicles 10:30Teatime Talks 11:00 Morning Stretch & Exercise 1:30 YouTube Sensory & Cookies 2:30 CRAFT 3:30 Word Games 6:30 Activity w/ Brett	30 10:00 Daily Chronicles 10:30 Water Wake Up! 11:00 Morning Stretch & Exercise 1:00 YouTube Sensory & Jello 1:30 Snack Social 2:30 Moving to Music 3:30 Story Time	31 10:00 Daily Chronicles 10:30 Word Puzzles June's Crew Dog Visits 11:00 Yoga Stretch & Exercise 1:00 Alicia's Choice 2:30 BINGO