



I'm In the Hospital ... What Happens Next?

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Before a hospital stay: Contact or visit a skilled nursing facility before an elective surgery. Here, you can discuss your upcoming surgery and therapy needs so you can plan a successful rehabilitation stay. It is also helpful to fully understand your insurance benefits and your skilled nursing benefit. While the goal is to return home after surgery, it's good to know of alternative options just in case.

While in the hospital: You will be assigned a case manager, usually a nurse or a social worker from the hospital. They will help you understand what types of facilities or services that are being recommended by the hospital's interdisciplinary team. You will be seen by therapists who will make recommendations such as acute rehab, a skilled nursing facility, home healthcare, or no further treatment needed. Once the recommendation has been made, your case manager will provide you with a list of facilities. Hopefully you'll be familiar with some facilities thanks to their community events and past visits. Your needs may change as you recover or potentially hit barriers.

We recommend selecting a facility with multiple levels of care, including assisted living. Assisted living is a great option where nursing care is always available and therapy services can be provided in an outpatient setting. If going home is recommended but you want the comfort and security of having healthcare professionals nearby, O'Neill Healthcare has furnished short-term respite suites! Available with no time commitments, short stay in the assisted living is a self-pay option, not covered by insurance. If a skilled nursing facility is recommended, you may need pre-certification prior to be admitted. The hospital and/or facility will need to apply for approval if you have a managed Medicare plan, which may take a few days. You will not be able to transfer to a skilled nursing facility without the approval of your insurance. For traditional Medicare, a three-night hospital stay prior to admission to a skilled nursing facility is required. Keep in mind, selected skilled facilities can be part of an ACO, where a three-night hospital stay is not needed for traditional Medicare. Your hospital case manager will provide guidance.

Arrival to Skilled Nursing (SNF):

Upon admission to the facility, you will be evaluated by physical, occupational and speech therapists, as ordered by your physician. At that time, your current abilities will be evaluated and your therapist will help you establish your goals. Keeping your current function and goals in mind, a treatment plan will be developed. Your insurance dictates the amount of treatment time available. For traditional Medicare, the therapist establishes what is appropriate. Generally speaking, to continue to be covered under Medicare, you must be making measurable, functional progress in therapy or have a skilled nursing need, such as complex, daily wound care needs, or intravenous medication.

Discharge planning will begin upon admission so do not be alarmed when the social worker asks you questions regarding discharge shortly after you are admitted. You will be offered a care plan meeting to review progress, address nursing questions, and discuss discharge planning. This is a great opportunity to discuss length of stay and progress with the interdisciplinary team of nurses, therapists and social workers. Once skilled criteria is no longer being met, a last covered day will be issued at least 48 hours in advance to notify you of financial responsibilities or discharge taking place the following day.

Discharge assistance from the SNF:

There is no therapy treatment on day of discharge. If you have a managed Medicare plan, your updates go to the insurance company and they will determine for how long you may be covered in SNF, however traditional Medicare plans is determined by the clinical team at the facility. At the end of your stay, you may not feel comfortable returning home alone. If appropriate, you have the option of a short-term respite stay in the assisted living to further improve their independence and ability to return home. Dependent upon insurance coverage, additional therapy services may be available and appropriate in this setting. Another alternative is a respite stay on the skilled unit for a few days prior to returning home. When you are ready to return home, a referral is placed with a home healthcare agency of your choosing. Home healthcare consists of physical and occupational therapies, nursing, and a home health aide. Social work is also available in the home to help navigate community resources and mental health concerns. Home care is provided on a short term, limited basis oftentimes two to three visits per week. If you need any equipment upon discharge, the facility will assist with acquiring a walker, wheelchair, commode, or any other necessary devices to return home safely while working with your insurance to see what is covered or self-pay.

General Medicare Benefit

Information: As Medicare allots 100 days of skilled care, you must have a 60-day break without an inpatient hospital admission or a skilled admission in order for the days to reset to zero. For example, if you discharge from the facility having used 30 days and you have an additional skilled nursing facility need six weeks later, you would admit back to the skilled nursing facility on your 31st skilled day. Something else to keep in mind; if you are at home and not doing well, you may directly re-admit to the skilled nursing facility within 30 days of discharge without a re-hospitalization.

If any questions or would like to discuss arrangements to our skilled nursing facility or assisted living, please call 440-808-5500 and select the facility of choice. O’Neill Healthcare is happy to assist you!



- Skilled Nursing
- Assisted Living
- Independent Living
- Rehabilitative Therapies
- Memory Support
- Hospice Care
- Dialysis

BAY VILLAGE

605 Bradley Road

FAIRVIEW PARK

20770 Lorain Road

LAKEWOOD

13900 Detroit Avenue

MIDDLEBURG HEIGHTS

750 Old Oak Boulevard

NORTH OLMSTED

4800 Clague Road

NORTH RIDGEVILLE

38600 Center Ridge Road

O'Neill Healthcare

THE ONLY Puzzle Piece Needed

SKILLED NURSING (SNF)

Trained professionals provide nursing services, medical monitoring and medication support for individuals requiring continuous care. Ideal for people discharging from the emergency room or hospital that require IV medication/wound care/artificial hydration or nutrition.

Individuals requiring a secured environment SNF can have their needs met at the North Ridgeville location.

ASSISTED LIVING (AL)

Private suites that enable individuals to enjoy life, knowing they have the security of our qualified, caring medical team always close by. Assistance with activities of daily living (ADLs) as well as meals, laundry and housekeeping services provided. Dedicated activities staff to keep social calendars full for residents! Ideal for people safe behind their closed suite door who want the peace of mind that medical professionals are nearby also wanting to age within a community that skilled nursing and long term care are offered, minimizing the need for locating additional services.

Secure memory support AL available focusing on specialized services for individuals experiencing memory loss or a decline in other cognitive abilities is available at our Bay Village and North Olmsted locations.

REHABILITATIVE THERAPIES

O'Neill Healthcare employs licensed physical, occupational and speech therapists that specialize in post-medical and post-surgical reconditioning and rehabilitation. Ideal for people following joint replacements, strokes, cardiac events, neurological disorders or are experiencing frequent falls. Therapy is available seven days a week.

RESPIRE CARE WITHIN THE ASSISTED LIVING

The same services and amenities provided in traditional assisted living delivered in a fully furnished suite. Ideal for people in the emergency room or hospital that are not approved for a SNF stay but concerned about returning home with a lack of medical support on hand. Rehabilitative therapies can be provided through the outpatient therapy benefit insurance plans offer. The therapy staff within O'Neill Healthcare would deliver services in the assisted living community. A respite stay in the AL is more cost-effective than a self-pay stay in the SNF.



O'Neill Healthcare Lakewood and North Ridgeville offer on-site dialysis