

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October

O'NEILL HEALTHCARE  
NURSING HOME ACTIVITIES

# 2024

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:15 Rosary 3CR**  
**11:00 Noodle Stretch & Tone**  
**1:30 League of Women Voters 3WW**  
**2:30 Bingo!**

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Yoga/ Stretch**  
**11:00 Wednesday Words**  
**1:30 Dog Visits w/ Adele**  
**2:00 Musical Entertainer Greg Piscura 3CR**

Rosh Hashanah Begins

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Seated Pilates**  
**11:15 Coffee Chats**  
**1:30 Hello October Calendar Review**  
**2:15 Perfect 10 Game**  
**3:00 Ring Toss**  
**4:00 Hydration & Conversation**  
**6:00 Karaoke in the Cafe**

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**AM Holy Communion**  
**10:30 Seated Circuit Exercise**  
**11:00 Favorite Song Sing a Long**  
**2:30 Oktoberfest w/ The Polka Pirates**

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Daily Dose of Nostalgia**  
**11:00 Morning Movement w/ Amanda & Justin**  
**1:30 Guardians Pep Rally!!**  
**2:30 Movie Time!**

**9:00 Morning Greeting/ Daily Chronicle Pass**  
**9:30 Joel Osteen TV Service**  
**10:00 TV Catholic Service**  
**10:30 Sunday Morning Stretch**  
**11:00 Today on this Date**  
**1:00 Browns v Commanders**  
**2:30 Snacks & Stretch**

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Chairobics**  
**11:15 Coffee Chats**  
**1:30 Craft w/ Tatiana**  
**3:00 Dart Ball**  
**3:45 Hydration & Conversation**

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Noodle Stretch & Tone**  
**11:00 Tuesday Trivia**  
**1:30 Bingo**  
**2:45 Junk Drawer Detectives**  
**3:30 Balloon Noodle**  
**6:00 UNO**

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Yoga/ Stretch**  
**11:00 Wednesday Words**  
**1:30 Dog Visits w/ Adele**  
**2:00 Rosary w/ Carol**  
**2:30 Manicures w/ Morgan**

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Drumming Cardio**  
**11:15 Coffee Chats**  
**1:30 10 Clue What Is It?**  
**2:15 Ladder Ball**  
**3:00 Card Games**  
**6:00 Name That Tune in the Cafe**

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Catholic Mass Service 3CR**  
**11:15 Seated Circuit Exercise**  
**1:30 Hangman**  
**2:30 Tabletop "Boo"wing**  
**3:30 Hydration & Conversation**

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Noodle Stretch**  
**10:45 Balloon Noodle**  
**1:30 Ring Toss**  
**2:30 UNO**

**9:00 Morning Greeting/ Daily Chronicle Pass**  
**9:30 Joel Osteen TV Service**  
**10:00 TV Catholic Service**  
**10:30 Sunday Morning Stretch**  
**11:00 Today on this Date**  
**1:00 Browns v Eagles**  
**2:30 Snacks & Stretch**

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Pumpkin Farm Outing**  
**Independent Coloring & Puzzles**  
**3:15 Game Time**  
**4:00 Hydration & Conversation**

Thanksgiving Day (Canada)  
Indigenous Peoples' Day  
Columbus Day (US)

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Tuesday Trivia**  
**11:00 Seated Dance 2WW**  
**2:30 Fall Birthday Festival w/ Keith Parker**



**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Yoga/ Stretch**  
**11:00 Wednesday Words**  
**1:30 Dog Visits w/ Adele**  
**2:00 Rosary w/ Carol**  
**2:30 Manicures w/ Morgan**

Sukkot Begins

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Seated Pilates**  
**11:15 Coffee Chats**  
**2:00 Pumpkin Palooza**  
**3:15 Pumpkin Collage**  
**6:00 Singing w/ Conrad**

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**AM Holy Communion**  
**10:30 Seated Circuit Exercise**  
**11:00 Favorite Song Sing a Long**  
**1:30 Pokeno**  
**2:45 Bucket Ball**

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Daily Dose of Nostalgia**  
**11:00 Morning Movement w/ Amanda & Justin**  
**1:30 Group Word Puzzles**  
**2:15 Movie Time!**

**9:00 Morning Greeting/ Daily Chronicle Pass**  
**9:30 Joel Osteen TV Service**  
**10:00 TV Catholic Service**  
**10:30 Sunday Morning Stretch**  
**11:00 Today on this Date**  
**1:00 Browns v Bengals**  
**2:30 Snacks & Stretch**

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Chairobics**  
**11:15 Coffee Chats**  
**1:30 Pumpkin Decorating**  
**3:00 Ladder Ball**  
**3:45 Hydration & Conversation**

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Noodle Stretch & Tone**  
**11:00 Tuesday Trivia**  
**1:30 Bingo**  
**2:45 Believable or Batty**  
**3:15 Bucket Ball**

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 New Hope Church Service 3WW**  
**11:00 Wednesday Words**  
**1:30 Dog Visits w/ Adele**  
**2:00 Rosary w/ Carol**  
**2:30 Manicures w/ Morgan**

Simchat Torah Begins

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Pom Pom Exercise**  
**11:15 Coffee Chats**  
**2:00 Salsa Jam w/ Kimberly 2WW**  
**3:30 Soda Social**  
**6:00 Trick or Treat Trivia**

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**AM Holy Communion**  
**10:30 Seated Circuit Exercise**  
**11:00 Finish the Phrase**  
**1:30 Penny Ante**  
**2:30 Haunted Houses & Other Spooky Places**  
**3:15 Craft w/ Tatiana**

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Noodle Stretch**  
**10:45 Balloon Noodle**  
**1:30 Ring Toss**  
**2:30 UNO**

**9:00 Morning Greeting/ Daily Chronicle Pass**  
**9:30 Joel Osteen TV Service**  
**10:00 TV Catholic Service**  
**10:30 Sunday Morning Stretch**  
**11:00 Today on this Date**  
**1:00 Browns v Ravens**  
**2:30 Snacks & Stretch**

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Chairobics**  
**11:15 Coffee Chats**  
**1:30 Resident Council Mtg**  
**3:00 Pumpkin Ring Toss**  
**3:45 Hydration & Conversation**

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:15 Rosary 3CR**  
**10:30 Noodle Stretch & Tone**  
**1:30 Bingo**  
**2:45 Pass the Pumpkin**  
**6:00 O'Neill's Annual Trick or Treat!**

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Yoga/ Stretch**  
**11:00 Wednesday Words**  
**1:30 Dog Visits w/ Adele**  
**2:00 Rosary w/ Carol**  
**2:30 Halloween Pizza Party**

Halloween

**9:30 Morning Greeting/ Daily Chronicle Pass**  
**10:30 Monster Mashercise**  
**11:15 Spooky Coffee Chats**  
**1:30 Halloween Dice Game**  
**2:30 I Scream, You Scream Spooky Social**

*"I'm so glad I live in a world where there are Octobers"*

*~ Lucy Maud Montgomery  
Ann of Green Gables*



\* Don't forget to check the Daily Activity Sheet for any changes or added activities\* All activities are held in the dining room unless otherwise noted\*