

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2025

## Assisted Living Calendar

|  |   |  |  |   |  |   |
|--|---|--|--|---|--|---|
|  |   |  | <p>9:00 Daily Chronicle 1<br/>10:00 Stretches<br/>10:30 Work Out Weights<br/>2:00 New Years Coloring Social<br/>3:00 New Years Hangman</p> | <p>9:00 Daily Chronicle 2<br/>10:00 Stretches<br/>10:30 Balloon Baseball<br/>2:00 Tree Ornaments – Penguins &amp; Snowmen<br/>3:00 Little Store</p> | <p>9:00 Daily Chronicle 3<br/>10:00 Stretches<br/>10:30 Snow Shovel Races<br/>2:00 Happy Hour – Frosty’s Punch &amp; Tomato Soup<br/>3:00 Winter Jokes</p>                               | <p>9:00 Daily Chronicle 4<br/>10:00 Stretches<br/>10:30 Exercise Game<br/>1:30 Bingo<br/>2:30 Bible Study</p>     |
| <p>9:30 AL Communion 5<br/>2:30 Singing w/ Janet!</p>  | <p>9:00 Daily Chronicle 6<br/>10:00 Stretches<br/>10:30 Work Out Bands<br/><b>2:30 January Birthday Party!</b></p>  | <p>9:00 Daily Chronicle 7<br/>10:00 Stretches<br/>10:30 Balloon Baseball<br/><b>11:00 AI Outing!</b></p>   | <p>9:00 Daily Chronicle 8<br/>10:00 Stretches<br/>10:30 Work Out Weights<br/>2:00 Bingo<br/>3:00 Winter Mad Libs</p>                       | <p>9:00 Daily Chronicle 9<br/>10:00 Stretches<br/>10:30 Balloon Baseball<br/>2:00 Snowman Welcome Signs<br/>3:00 Little Store</p>                   | <p>9:00 Daily Chronicle 10<br/>10:00 Stretches<br/>10:30 Snowman Bowling<br/>2:00 Happy Hour – Dirty Snowman Punch &amp; Vegetable Soup<br/>3:00 Winter Trivia</p>                       | <p>9:00 Daily Chronicle 11<br/>10:00 Stretches<br/>10:30 Exercise Game<br/>1:30 Q-Tip Snowflake Paintings</p>     |
| <p>9:30 AL Communion 12<br/>2:30 Singing w/ Janet!</p> | <p>9:00 Daily Chronicle 13<br/>10:00 Stretches<br/>10:30 Work Out Bands<br/><b>10:30 Rosary w/ Laurie</b><br/>2:00 Baking – Make Your Own Melted Snowman Cookies<br/>3:00 Winter Emoji Quiz</p> | <p>9:00 Daily Chronicle 14<br/>10:00 Stretches<br/>10:30 Balloon Baseball<br/>2:00 Snowflake Crystal Science Project<br/><b>3:00 Learning with Dennis w/ NR Library!</b></p> | <p>9:00 Daily Chronicle 15<br/>10:00 Stretches<br/>10:30 Work Out Weights<br/><b>2:00 Chili Cook Off</b><br/>3:00 Bingo</p>                | <p>9:00 Daily Chronicle 16<br/>10:00 Stretches<br/>10:30 Balloon Baseball<br/>2:00 Cube Snowmen<br/>3:00 Little Store</p>                           | <p>9:00 Daily Chronicle 17<br/>10:00 Stretches<br/>10:30 Snowman Toss<br/>2:00 Happy Hour – Melted Snowman Punch &amp; Broccoli Cheddar Soup<br/>3:00 Winter Hangman</p>                 | <p>9:00 Daily Chronicle 18<br/>10:00 Stretches<br/>10:30 Exercise Game<br/>1:30 Bingo<br/>2:30 Movie w/ Janet</p> |
| <p>9:30 AL Communion 19<br/>2:30 Singing w/ Janet!</p> | <p>9:00 Daily Chronicle 20<br/>10:00 Stretches<br/>10:30 Work Out Bands<br/>2:00 Baking – Make Your Own Polar Bear Rice Crispy Treat<br/>3:00 Polar Bear Plates</p>                             | <p>9:00 Daily Chronicle 21<br/>10:00 Stretches<br/>10:30 Balloon Baseball<br/><b>2:00 Mass</b><br/>3:00 Coffee Filter Snowflakes</p>   | <p>9:00 Daily Chronicle 22<br/>10:00 Stretches<br/>10:30 Work Out Weights<br/><b>2:30 Gospel Music w/the Babbs!</b></p>                    | <p>9:00 Daily Chronicle 23<br/>10:00 Stretches<br/>10:30 Balloon Baseball<br/><b>11:00 AL Outing!</b></p>   | <p>9:00 Daily Chronicle 24<br/>10:00 Stretches<br/>10:30 Snowball Toss<br/><b>11:00 Singing w/ Lisa</b><br/>2:00 Happy Hour – Snowball Punch &amp; Potato Soup<br/>3:00 Little Store</p> | <p>9:00 Daily Chronicle 25<br/>10:00 Stretches<br/>10:30 Exercise Game<br/>1:30 Glue Snowflake Paintings</p>      |
| <p>9:30 AL Communion 26<br/>2:30 Singing w/ Janet!</p> | <p>9:00 Daily Chronicle 27<br/>10:00 Stretches<br/>10:30 Work Out Bands<br/>2:00 Baking – Make Your Own Penguin Brownies<br/>3:00 Learn About Penguins</p>                                      | <p>9:00 Daily Chronicle 28<br/>10:00 Stretches<br/>10:30 Balloon Baseball<br/>2:00 Winter Snow Globes<br/>3:00 Winter Right &amp; Left Game</p>                              | <p>9:00 Daily Chronicle 29<br/>10:00 Stretches<br/>10:30 Work Out Weights<br/><b>2:30 Chinese New Year Social!</b></p>                     | <p>9:00 Daily Chronicle 30<br/>10:00 Stretches<br/>10:30 Balloon Baseball<br/>2:00 3D Paper Snowmen<br/>3:00 Little Store</p>                       | <p>9:00 Daily Chronicle 31<br/>10:00 Stretches<br/>10:30 Penguin Toss<br/>2:00 Happy Hour – Penguin Punch &amp; French Onion Soup<br/>3:00 Winter Word Ladder</p>                        |   |

Activities are subject to change, make sure you look at Daily Chronicles for all daily activities!