

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# January 2025

## O'Neill Healthcare Pathways Activities

<p>10:00 Morning Greeting/ Daily Chronicle 10:15 Noodle Stretch 10:30 Balloon Noodle 11:15 Music w/ Lunch 1:00 Dart Ball</p>	<p>9:45 Morning Greeting/ Daily Chronicle 10:15 Chairobics 10:45 Mind Joggers 11:15 Music w/ Lunch 1:00 Craft Time 2:30 Table Top Tennis 3:15 1:1 Sensory</p>	<p>9:45 Morning Greeting/ Daily Chronicle 10:15 Yoga/Stretch 10:45 Trivia Tuesday 11:15 Music w/ Lunch 1:00 Dice Game 2:00 Afternoon Stretch 2:30 Mocktails &amp; Manicures</p>	<p>9:45 Morning Greeting/ Daily Chronicle 10:00 Noodle Stretch &amp; Tone 11:15 Music w/ Lunch Afternoon Movie <i>Happy New Year!!!</i>  New Year's Day</p>	<p>10:00 Morning Greeting/ Daily Chronicle 10:30 Chairobics 11:00 Trivia 11:15 Music w/ Lunch 1:30 Balloon Noodle 2:00 Group Word Puzzles 2:30 Painting</p>	<p>9:45 Morning Greeting/ Daily Chronicle 10:15 Noodle Stretch &amp; Tone 10:45 Short Stories 11:15 Music w/ Lunch 1:00 Bingo! 2:00 Bucket Ball 3:00 Singing w/ Lisa</p>	<p>10:00 Morning Greeting/ Daily Chronicle 10:15 Chairobics 10:45 Word Scramble 11:15 Music w/ Lunch 1:00 Finish the Phrase 1:45 Movie &amp; a Snack</p>
<p>10:00 Morning Greeting/ Daily Chronicle 10:15 Noodle Stretch 10:30 Balloon Noodle 11:15 Music w/ Lunch 1:00 Dart Ball</p>	<p>9:45 Morning Greeting/ Daily Chronicle 10:15 Chairobics 10:45 Mind Joggers 11:15 Music w/ Lunch 1:00 Craft Time 2:30 Table Top Tennis 3:15 1:1 Sensory</p>	<p>9:45 Morning Greeting/ Daily Chronicle 10:15 Yoga/Stretch 10:45 Trivia Tuesday 11:15 Music w/ Lunch 1:00 Dice Game 2:00 Afternoon Stretch 2:30 Mocktails &amp; Manicures</p>	<p>9:45 Morning Greeting/ Daily Chronicle 10:15 Chairobics 10:45 Daily Dose of Nostalgia 11:15 Music w/ Lunch 1:00 Ring Toss</p>	<p>10:00 Morning Greeting/ Daily Chronicle 10:30 Chairobics 11:00 Hangman 11:15 Music w/ Lunch 1:30 Balloon Noodle 2:00 Group Word Puzzles 2:30 Painting</p>	<p>9:45 Morning Greeting/ Daily Chronicle 10:15 Roll the Dice Exercise 10:45 Mind Joggers 11:15 Music w/ Lunch 1:00 Bingo! 2:00 Tabletop Bowling</p>	<p>10:00 Morning Greeting/ Daily Chronicle 10:30 Morning Movement w/ Amanda &amp; Justin 11:15 Music w/ Lunch 1:30 Game Time 2:15 Coloring</p>
<p>10:00 Morning Greeting/ Daily Chronicle 10:15 Noodle Stretch 10:30 Balloon Noodle 11:15 Music w/ Lunch 1:30 Balloon Noodle 2:00 Coloring/ 1:1 Sensory</p>	<p>9:45 Morning Greeting/ Daily Chronicle 10:15 Yoga/Stretch 10:45 Word in a Word 11:15 Music w/ Lunch 1:00 Craft Time 2:30 Kickball 3:15 Sips, Snacks &amp; Chat</p>	<p>9:45 Morning Greeting/ Daily Chronicle 10:15 Chairobics 10:45 Coffee Chats 11:15 Music w/ Lunch 1:00 I Spy Bingo Bus Ride 3:00 Music &amp; Manicures</p>	<p>9:45 Morning Greeting/ Daily Chronicle 10:15 Noodle Stretch &amp; Tone 10:45 Hangman 11:15 Music w/ Lunch 1:00 Tabletop Bowling 2:00 Join the Band</p>	<p>10:00 Morning Greeting/ Daily Chronicle 10:30 Chairobics 11:00 Trivia 11:15 Music w/ Lunch 1:30 Balloon Noodle 2:00 Group Word Puzzles 2:30 Painting</p>	<p>9:45 Morning Greeting/ Daily Chronicle 10:15 Noodle Stretch &amp; Tone 10:45 Short Stories 11:15 Music w/ Lunch 1:00 Bingo!</p>	<p>10:00 Morning Greeting/ Daily Chronicle 10:15 Chairobics 10:45 Word in a Word 11:15 Music w/ Lunch 1:00 Craft Time 2:00 Word in a Word 3:00 Movie &amp; a Snack</p>
<p>10:00 Morning Greeting/ Daily Chronicle 10:15 Noodle Stretch 10:30 Balloon Noodle 11:15 Music w/ Lunch 1:00 Bingo! 2:00 1:1 Sensory</p> <p><small>Activity Professionals Week</small></p>	<p>9:45 Morning Greeting/ Daily Chronicle 10:15 Chairobics 10:45 Mind Joggers 11:15 Music w/ Lunch 1:00 Craft Time 2:30 Balloon Darts 3:00 Coloring/ 1:1 Sensory</p> <p><small>Martin Luther King Jr. Day</small></p>	<p>9:45 Morning Greeting/ Daily Chronicle 10:15 Yoga/Stretch 10:45 Trivia Tuesday 11:15 Music w/ Lunch 1:30 Singing w/ Lisa 2:30 Tabletop Volley 3:15 Music &amp; Manicures</p>	<p>9:45 Morning Greeting/ Daily Chronicle 10:15 Chairobics 10:45 Daily Dose of Nostalgia 11:15 Music w/ Lunch 1:00 Bucketball 2:00 Short Story 3:00 Coloring</p>	<p>10:00 Morning Greeting/ Daily Chronicle 10:30 Chairobics 11:00 Hangman 11:15 Music w/ Lunch 1:30 Balloon Noodle 2:00 Group Word Puzzles 2:30 Painting</p>	<p>9:45 Morning Greeting/ Daily Chronicle 10:15 Roll the Dice Exercise 10:45 Mind Joggers 11:15 Music w/ Lunch 11:30 Pizza Party 1:00 Bingo!</p>	<p>10:00 Morning Greeting/ Daily Chronicle 10:30 Morning Movement w/ Amanda &amp; Justin 11:15 Music w/ Lunch 1:30 Game Time 2:15 Coloring</p>
<p>10:00 Morning Greeting/ Daily Chronicle 10:15 Noodle Stretch 10:30 Balloon Noodle 11:15 Music w/ Lunch 1:30 Balloon Noodle 2:00 Coloring/ 1:1 Sensory</p> <p><small>Australia Day (Observed)</small></p>	<p>9:45 Morning Greeting/ Daily Chronicle 10:15 Yoga/Stretch 10:45 Word in a Word 11:15 Music w/ Lunch 1:00 Craft Time 2:30 Horse Shoes 3:15 Afternoon Stretch &amp; Sip</p>	<p>9:45 Morning Greeting/ Daily Chronicle 10:15 Chairobics 10:45 Coffee Chats 11:15 Music w/ Lunch 1:00 Table top Hockey 2:00 Music &amp; Manicures 3:00 Sips, Snack &amp; Chat</p>	<p>9:45 Morning Greeting/ Daily Chronicle 10:15 Noodle Stretch &amp; Tone 10:45 Hangman 11:15 Music w/ Lunch 1:00 Dart Ball 2:00 Craft Time</p> <p><small>Chinese New Year (Year of the Snake)</small></p>	<p>10:00 Morning Greeting/ Daily Chronicle 10:30 Chairobics 11:00 Trivia 11:15 Music w/ Lunch 1:30 Balloon Noodle 2:00 Group Word Puzzles 2:30 Painting</p>	<p>9:45 Morning Greeting/ Daily Chronicle 10:15 Noodle Stretch &amp; Tone 10:45 Short Stories 11:15 Music w/ Lunch 1:00 Bingo!</p>	<p>"For last year's words belong to last year's language and next year's words await another voice." T.S.Eliot</p>

The times of some activities may need to be switched around to meet the needs of the residents. Any cancelled activities will be posted