


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2025</h1> <p>O'Neill Healthcare Nursing Home Activities</p>			<p>Happy New Year!! 1</p> <p>9:30 Morning Greeting/ Daily Chronicle Pass 11:00 Yoga/ Stretch 2:00 I Spy Junk Drawer Detectives 2:45 Movie Time - <i>Mary</i></p> <p><small>New Year's Day</small></p>	<p>9:30 Morning Greeting/ Daily 2 Chronicle Pass 10:30 Pom Pom Exercise 11:15 Coffee Chats 1:30 New Thing Thursday-Meditation 3WW 2:00 Hello January! 2:45 Shuffleboard 3:30 Hydration & Conversation</p>	<p>9:30 Morning Greeting/ Daily 3 Chronicle Pass 10:30 Seated Strength Training 11:00 Finish the Phrase 1:30 Ladder Ball 2:15 Card Games 2:30 Manicures w/ Morgan 3:30 Afternoon Stretch 4:00 1:1 Room Visits</p>	<p>9:30 Morning Greeting/ Daily 4 Chronicle Pass 10:45 Noodle Stretch 11:00 Balloon Noodle 2:00 On This Date 2:15 Finish the Phrase 2:30 Movie Time</p>
<p>9:00 Morning Greeting/ Daily 5 Chronicle Pass 9:30 Joel Osteen TV Sermon 10:00 TV Catholic Mass 10:30 Spiritual Meditations w/ Carol 11:00 Today on this Date 1:30 Group Word Puzzles 2:15 Movie Time</p>	<p>9:30 Morning Greeting/ Daily 6 Chronicle Pass 10:30 Chairobics 11:15 Coffee Chats 1:30 Craft w/ Tatiana 3:00 Ladder Ball 4:00 Hydration & Conversation</p>	<p>9:30 Morning Greeting/ Daily 7 Chronicle Pass 10:15 Rosary 3CR 11:00 Noodle Stretch & Tone 1:30 Bingo! 3:00 Elvis Trivia 3:30 Sip & Stretch 4:00 Netflix Documentary</p>	<p>9:30 Morning Greeting/ Daily 8 Chronicle Pass 10:30 Yoga/ Stretch 11:00 Wednesday Words Afternoon visits w/ Adele the Volunteer Dog 2:00 Rosary w/ Carol 2:30 Pokeno 3:30 Hydration & Conversation</p>	<p>9:30 Morning Greeting/ Daily 9 Chronicle Pass 10:30 Cardio Drumming 11:15 Coffee Chats- New Thing Thursday 1:30 Idioms in Disguise 2:00 Card Games 3:00 Afternoon Stretch 3:30 Hydration & Conversation 6:00 Bingo</p>	<p>9:30 Morning Greeting/ Daily 10 Chronicle Pass 10:30 Catholic Mass 3CR 11:15 Seated Strength Training 1:30 Tabletop Bowling 2:30 Manicures w/ Morgan 3:00 Vision Board Activity 4:00 1:1 Room Visits</p>	<p>9:30 Morning Greeting/ Daily 11 Chronicle Pass 10:30 On This Date 11:00 Morning Movement w/ Amanda & Justin 2:00 Pokeno 3:00 Movie Time-</p>
<p>9:00 Morning Greeting/ Daily 12 Chronicle Pass 9:30 Joel Osteen TV Sermon 10:00 TV Catholic Mass 10:30 Spiritual Meditations w/ Carol 11:00 Today on this Date 1:30 Group Word Puzzles 2:15 Movie Time</p>	<p>9:30 Morning Greeting/ Daily 13 Chronicle Pass 10:30 Chairobics 11:15 Coffee Chats 1:30 Craft w/ Tatiana 3:00 Dart Ball 4:00 Hydration & Conversation</p>	<p>9:30 Morning Greeting/ Daily 14 Chronicle Pass 10:30 Noodle Stretch & Tone 11:00 Trivia Tuesday 1:30 Bingo! 3:00 Dart Ball 3:30 Sip & Stretch 4:00 Netflix Documentary</p>	<p>9:30 Morning Greeting/ Daily 15 Chronicle Pass 10:30 Yoga/ Stretch 11:00 Wednesday Words Afternoon visits w/ Adele the Volunteer Dog 2:00 Rosary w/ Carol 2:30 Salsa Jam w/ Kimberly 3:45 Hydration & Conversation</p>	<p>9:30 Morning Greeting/ Daily 16 Chronicle Pass 10:30 Roll the Dice Exercise 11:15 Coffee Chats 1:30 New Thing Thursday-Picasso Art Activity 3:00 Ring Toss 3:45 Hydration & Conversation 6:00 Singing w/ Conrad</p>	<p>9:30 Morning Greeting/ Daily 17 Chronicle Pass 10:30 Seated Strength Training 11:00 Favorite Song Sing a Long 1:30 Bucket Ball 2.0 2:30 What's Your Verdict 2:30 Manicures w/ Morgan 4:00 1:1 Room Visits</p>	<p>9:30 Morning Greeting/ Daily 18 Chronicle Pass 10:45 Noodle Stretch 11:00 Balloon Noodle 2:00 On This Date 2:15 Finish the Lyric 2:30 Movie Time</p>
<p>9:00 Morning Greeting/ Daily 19 Chronicle Pass 9:30 Joel Osteen TV Sermon 10:00 TV Catholic Mass 10:30 Spiritual Meditations w/ Carol 11:00 Today on this Date 1:30 Group Word Puzzles 2:15 Movie Time <small>Activity Professionals Week</small></p>	<p>9:30 Morning Greeting/ Daily 20 Chronicle Pass 10:30 Chairobics 11:15 Coffee Chats 1:30 Craft w/ Tatiana 3:00 Martin Luther King Jr. Activity 4:00 Hydration & Conversation <small>Martin Luther King Jr. Day</small></p>	<p>9:30 Morning Greeting/ Daily 21 Chronicle Pass 10:30 Noodle Stretch & Tone 11:00 Trivia Tuesday 1:30 Bingo! 3:00 Oh Shoot! 3:30 Sip & Stretch 4:00 Netflix Documentary</p>	<p>9:30 Morning Greeting/ Daily 22 Chronicle Pass 10:30 Yoga/ Stretch 11:00 Wednesday Words 11:30 Lunch Outing Afternoon visits w/ Adele the Volunteer Dog 2:00 Rosary w/ Carol 2:30 Pokeno</p>	<p>9:30 Morning Greeting/ Daily 23 Chronicle Pass 10:30 Exercise- New Thing Thursday 11:15 Coffee Chats 2:30 Celebrating January Birthdays 4:00 1:1 Room Visits 6:00 Family Karaoke Night</p>	<p>9:30 Morning Greeting/ Daily 24 Chronicle Pass 10:30 Seated Strength Training 11:00 On This Date 1:30 Pokeno 2:30 Snowball Throw 2:30 Manicures w/ Morgan 3:30 Hot Chocolate Chats</p>	<p>9:30 Morning Greeting/ Daily 25 Chronicle Pass 10:30 On This Date 11:00 Morning Movement w/ Amanda & Justin 2:00 Pokeno 3:00 Movie Time</p>
<p>9:00 Morning Greeting/ Daily 26 Chronicle Pass 9:30 Joel Osteen TV Sermon 10:00 TV Catholic Mass 10:30 Spiritual Meditations w/ Carol 11:00 Today on this Date 1:30 Group Word Puzzles 2:15 Movie Time <small>Australia Day (Observed)</small></p>	<p>9:30 Morning Greeting/ Daily 27 Chronicle Pass 10:30 Chairobics 11:15 Coffee Chats 1:30 Craft w/ Tatiana 3:00 Ring Toss 4:00 Hydration & Conversation</p>	<p>9:30 Morning Greeting/ Daily 28 Chronicle Pass 10:15 Rosary 3CR 11:00 Noodle Stretch & Tone 1:30 Bingo! 3:00 Indoor Golf 3:30 Sip & Stretch 4:00 Netflix Documentary</p>	<p>9:30 Morning Greeting/ Daily 29 Chronicle Pass 10:30 Yoga/ Stretch 11:00 Wednesday Words Afternoon visits w/ Adele the Volunteer Dog 2:00 Rosary w/ Carol 2:45 Resident Council 3:00 1:1 Room Visits <small>Chinese New Year (Year of the Snake)</small></p>	<p>9:30 Morning Greeting/ Daily 30 Chronicle Pass 10:30 Cardio Drumming 11:15 Coffee Chats 1:30 New Thing Thursday- No Cook Cooking 3:00 Pizza Bean Bag Toss 3:45 Hydration & Conversation 6:00 Snack Bingo!</p>	<p>9:30 Morning Greeting/ Daily 31 Chronicle Pass 10:30 Seated Strength Training 11:00 Short Story 1:30 Tabletop Bowling 2:30 Manicures w/ Morgan 3:00 Card Games 3:30 Group Word Puzzles</p>	<p><i>"Cheers to a new year and another chance for us to get it right."</i> <small>~Oprah Winfrey</small></p>

*Don't forget to check the daily Activity Sheet for any changes or added activities. * All activities are held in the dining room unless otherwise noted*

